

MASINA life

admin@masinahospital.com

@masinahospitalmumbai

@masinacares

Masina Hospital,
Sant Savta Marg, Mumbai,
Maharashtra 400027

1-800-266-0711

Newsletter of



Masina Hospital Trust

Your Health. Our Mission.

September 2023



DR. VISPI JOKHI

CEO, Masina Hospital

We entered 2023 with gratitude for the opportunities we have been given and excited for

the road ahead. And why not!

Over the past 2 years, there has been revolutionary change happening on the beautiful Masina Hospital campus. Steadily and quietly, we have been upgrading facilities at all levels. A lot has happened within the Hospital walls, and we share it all with you in this issue of Masina Life, our newsletter.

In this past year, we have opened up our new operating theatres, ICUs, and newly renovated wards. In addition to these, the new Laboratory and new OPDs have enhanced the quality of diagnostics and patient care. As always, we are grateful for the opportunity to serve Mumbaiers and humbled by the generosity of our donors and the sincerity of our staff and partners.



MR. KHUSHROW MAJOR

Joint CEO, Masina Hospital

Masina Hospital has worked hard for over a century to make healthcare accessible and affordable. We continue to do this with the help of benevolent sponsors and medical practitioners. Our new and improved avatar is attracting the best quality in the medical fraternity, and we are excited to be improving the quality of our services.



DR. GUSTAD DAVER

Trustee, Masina Hospital

We have put in a lot of effort and invested time and money into Masina Hospital because we believe that at the core of it all is Medical Excellence, a strong sense of ethical values and the spirit of MasinaCares.



**IMPORTANT
ANNOUNCEMENT**

1-800-266-0711

Masina Hospital is here to be your family's healthcare partner! Save our helpline number 1-800-266-0711 for doctors appointments, diagnostic, emergency, and hospital services in Mumbai.



INSIDE THIS ISSUE



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AT MASINA HOSPITAL

We are consistently upgrading equipment and technology to match our standard of excellent service. Here's a peek into some of the latest upgrades.

A MILESTONE CELEBRATION: KATGARA WING UNVEILED



In a momentous event, Masina Hospital celebrated the launch of its Katgara Wing, marking a significant step in its ongoing transformation. Homi Katgara, the hospital's managing trustee, delivered a heartfelt speech during the inauguration of the modernized K. M. C. (Kharas Medical Centre) Hospital Building on December 3, 2022.

In line with global healthcare trends, Masina Hospital has established a day care center, revolutionizing patient care for minor procedures. Homi Katgara enthusiastically described this development as a "game changer."

The event featured the unveiling of plaques on the first, second, and third floors of the KMC Building. Subsequently, guests convened at the Centenary Hall within the central Heritage Building for speeches and a traditional Parsi lunch.

On the governance front, esteemed individuals like Keki Mistry, set to retire from the Housing Development Finance Corporation, and Ashish Gupta, formerly the head of Credit Suisse equity research for India, have joined the board of advisers of the Masina Hospital Trust (MHT). Dr. Gustad Davar, a noted

vascular surgeon from the Sir H. N. Reliance Foundation Hospital, is a trustee on the MHT board.

Adding to the celebratory atmosphere, two new luxurious suites were inaugurated. One, sponsored by Trustee Jimmy Parakh and his wife Veera, honors Parakh's parents, while the other was contributed by Pushpa Singhal, mother-in-law of Rajesh Agarwal, Managing Director of SP Investment Advisors.

CEO of Masina Hospital, Dr. Vispi Jokhi, acknowledged Jimmy Parakh's extraordinary contribution and emphasized the importance of enhancing the patient experience. He explained that while basic healthcare remains accessible and affordable for all, additional amenities provide an added layer of comfort.

The hospital now boasts a well-lit waiting room with reclining chairs, catering to the needs of patients' families in the intensive care units (ICU). Each ICU bed is accompanied by a chair, reflecting the hospital's commitment to patient well-being. An executive health program is also in the pipeline.

Masina Hospital has undergone significant upgrades, with a particular focus on its operating theaters, guided by Dr. Gustad Davar's invaluable insights.

Continued on Pg. 6

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UNVEILING THE STATE-OF-THE-ART ICU COMPLEX



The new Intensive Care Unit will supplement the existing infrastructure, improve capacity and enhance emergency and critical care at Masina Hospital Trust.

The inauguration of the new ICU complex was a moment of pride and achievement for everyone associated with Masina Hospital.

It began with a walk-through of the brand-new Intensive Care Unit. A state-of-the-art facility, it boasts 18 beds, designed to provide the highest level of care and comfort to patients. The advanced equipment and dedicated staff ensure that patients receive world-class treatment and support during their stay.

The ribbon-cutting ceremony that followed was a moment of immense significance. Dr. Gustad Daver, the Head of the Advisory Board and Trustee at Masina Hospital Trust, had the honour of inaugurating the ICU complex.

His presence and leadership underscored the commitment of Masina Hospital Trust to delivering exceptional healthcare to the community.

The new ICU complex is a testament to Masina Hospital Trust's unwavering dedication to advancing medical care and expanding its capabilities. With this state-of-the-art facility, Masina Hospital Trust stands poised to provide even more comprehensive and exceptional healthcare services to the community.

We are grateful for the continued support and trust of our patients and well-wishers as we embark on this exciting journey of enhanced healthcare delivery. Together, we look forward to a healthier and brighter future.

Metamorphosis AT MASINA HOSPITAL

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AN INNER WHEEL ASSOCIATION TO END TOBACCO USAGE

The Oral and Maxillofacial Surgery and Dental Department of Masina Hospital Trust in association with Inner Wheel Club of Bombay North have opened a Tobacco Cessation Clinic and Oral Cancer and Pre-Cancer Diagnostic Clinic. The clinic is open from Monday to Saturday 9:00 am to 3:00 pm. on the Masina Hospital campus.



#MASINACARES FOR YOUR HEALTH

The first consultation at the Clinic OPD is free. This includes check-up and consultation.

Connect and save a life.

Call on 022-61841315/61841239 OPD Timings: 9 am - 3 pm Monday - Saturday.

NEW PFT MACHINE INAUGURATED



The Pulmonary Function Test (PFT) Machine was donated by the executors of the Late Freny K. Parakh Trust.

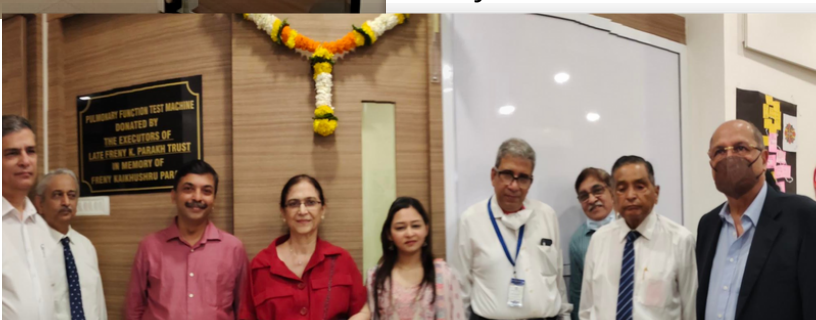
The inauguration was done on 25th August, 2022 at the hands of Ms. Roshni Daruwalla who represents the executors of the Late Freny K. Parakh Trust.

#DIDYOUKNOW

Pulmonary Function Tests (PFTs) are non-invasive tests that show how well the lungs are working. These breathing tests measure how well you move air in and out of your lungs and how well oxygen enters your body.

The most common PFT's are Spirometry, Diffusion studies and Body Plethysmography. Sometimes a patient may need only one out of the group or maybe a combination of tests, often done over the day.

PFTs help diagnose Asthma, Chronic Bronchitis, Respiratory Infections, Lung Fibrosis etc. Regular testing helps monitor the response to treatment and can guide decisions regarding further treatment and intervention.



Inauguration of Pulmonary Function Test machine
By Ms. Roshni Daruwalla

Guest Of Honor Dr. Burjor Antia, Mr. Jimmy Parakh, Dr. Gustad Daver.

Metamorphosis
AT MASINA HOSPITAL

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DIAGNOSTICS JUST GOT BETTER!



Some moments from the launch of the Masina Laboratory Building.



We recently inaugurated the Masina Laboratory Building. The launch of this state-of-the-art facility was in big part due to the donations and unwavering support of the Credit Suisse Group and the Give India Foundation. Our incredible staff is now equipped with the latest technology and can ensure precise, timely, and life-saving reports are given to our in-patients and those coming to the hospital solely for diagnostics.

This newsletter is designed & curated by [Word It Well Agency](#).



TAKING PART IN CORPORATE SAFETY

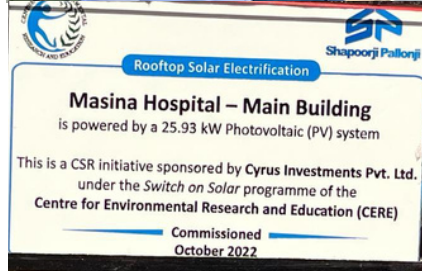
Masina Hospital set up a Blood Donation Drive as part of the celebrations by Shapoorji Pallonji and Company at their Birla Vanya Project, Shahad and Kalyan locations. Together we celebrated National Safety Day and Company Safety Week.



Green Masina Initiatives

SWITCH ON SOLAR

INAUGURATION OF BIOGAS PLANT



A moment from the inauguration.
Inset Image: The pot-o-mix generated from the Bio Gas treatment.

Masina Hospital has been proactive in environmentally sound and sustainable practices for the management of hospital solid waste. Masina Hospital has installed Biogas plant of capacity 750kgs/day. The inauguration of Bio-gas plant a Solid waste management green initiative by Masina Hospital Trust was on October 8th which was attended by dignitaries and Rotarians. It is a joint venture of Masina Hospital Trust and Rotary Club of Bombay North. It is donated by Rtn. Mr. Somani through Somani Lokkalyan Trust in Association with Rotary Club of Bombay North. Rtn. Mr. Sandip Agarwalla inaugurated the plant.

#DIDYOUKNOW

A Biogas plant is a system that provides an oxygen free environment where bacteria transform biomass into biogas. A variety of waste material from kitchen, wards, garden and sewage waste breaks down into biogas. From the plant about 1-ton/ day gas is generated which is utilised in the kitchen of Masina Hospital through the connected pipeline. This saves almost 1 LPG cylinder.

Better everyday



MASINA HOSPITAL NUTRITION EDUCATION

FOR THE NURSING STAFF



Our nursing staff and nutritionists spent the day together, understanding the importance of synergy and knowledge while treating patients.

Our hospital management has made it a top priority to keep the medical staff abreast of the latest medical discoveries and treatments through regular training programs. This has enabled doctors and nurses to provide top-notch health services to their patients, putting Masina Hospital ahead of the rest. In a bid to provide the most comprehensive healthcare possible, Masina Hospital's Nutrition experts celebrated World Kidney Day with the nursing staff. An educational session was organized for their explaining the importance of proper nutrition during dialysis treatment. The session was designed to arm the nurses with the latest information in nutrition, which they will, in turn, use to give their patients the best dialysis and kidney care.

FOR OUR DIALYSIS PATIENTS



At our recently held Dialysis Patient Programme we educated 35 patients of the Masina Dialysis Centre about the important role of nutrition during the dialysis treatment for themselves. It was an enriching experience for the attendees and the Masina Hospital Nutrition experts had a chance to showcase their vast knowledge on the subject. The talk was followed by fun games like Food Bingo, an interactive way to learn.



15th INDEPENDENCE DAY CELEBRATIONS

AUGUST

In the spirit of a green and clean India, our Independence Day Celebrations were made even more meaningful by a Tree naming initiative started by our Pharmacy manager Ms Manjiri Toraskar. We also had flag hoisting by the staff and a small celebration.



INTERNATIONAL NURSES DAY

Coordinating to get our passionate and enthusiastic Nursing staff together for this photograph was a big task but we managed and it was perfect!



A SPECIAL CELEBRATION ON WORLD PHYSIOTHERAPY DAY



The culmination of this exciting week was a celebration on World Physiotherapy Day. Dr. Priyanka and her dedicated team orchestrated a blend of knowledge and entertainment that left everyone enriched and enthralled.

The evening featured a captivating skit that emphasized the importance of physiotherapy in everyday life. A presentation on the myriad benefits of physiotherapy shed light on the transformative impact it can have.

To add a personal touch, a patient shared their inspiring journey of healing through physiotherapy, a testament to the power of dedication and care.

Dr. Kasbekar also spoke about how post Onco Surgeries in his realm of operation, the work of the Physiotherapy department was not only crucial but excellent.

A highlight of the evening was a beautifully crafted cake that symbolized the occasion. It served as a sweet reminder of the progress and healing that physiotherapy brings into the lives of many.

The event also saw the presence and praise of Masina Hospital seniors including Dr. Jokhi, Dr. Daver, Mr. Major, Dr. Pai, and Dr. Kumar. Their words of appreciation underlined the significance of the camp and the department's dedication to fostering wellness within the community.

GASTROINTESTINAL ENDOSCOPY UNIT INAUGURATED



The new machines will benefit our inpatients and diagnostics.



Inauguration of Endoscopy Machine by Mr. Firoze Neterwala of Maneckji & Shirinbai Neterwala Foundation

Masina Hospital inaugurated the Gastrointestinal Endoscopy Machine for which we received donation from Maneckji & Shirinbai Neterwala Foundation.

The inauguration ceremony was attended by Mr. Firoze Neterwala, Dr. Burjor Antia Senior Trustee, Mr. Jimmy Parakh Trustee, Mr. Homi Katgara Managing Trustee.

A MILESTONE CELEBRATION: KATGARA WING UNVEILED



Continued from Pg.2

The hospital has increased its ICU bed capacity from nine to 25, enabling patients to receive dialysis without leaving the ICU.

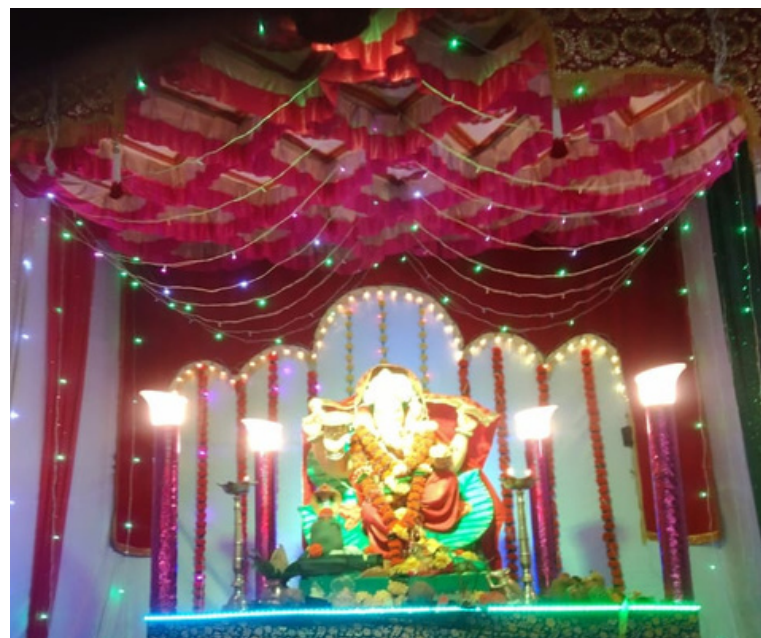
Furthermore, the hospital aims to minimize outsourcing and emphasizes in-house capabilities to maintain high-quality standards. This proactive approach aligns with the hospital's commitment to excellence.

As Dr. Jokhi highlighted, the hospital received support from various donors, including the A. H. Wadia Trust, Agarwal, Singhal, Smt Premlata Vanjara Charities, Jeroo Vajifdar, Aspy Gotla, Credit Suisse, The Zoroastrian Charity Funds of Hongkong, Canton and Macao, World Zoroastrian Organisation Trust Fund, the Col Pessi M. Bharoacha estate, and Antia.

Masina Hospital's Katgara Wing launch represents a momentous stride in its journey toward providing world-class healthcare while preserving its rich heritage. The hospital's commitment to innovation and patient-centric care shines brightly as it continues to serve the community with unwavering dedication.



The commencement of our Ganesh Utsav festivities was marked by the installation of the revered Ganesh idol at Masina Hospital just yesterday. We eagerly anticipate visiting to seek his blessings together.



WORLD NUTRITION WEEK CELEBRATIONS

During National Nutrition Week (1 - 7 Sept), Masina Hospital celebrated health and nutrition. Our Dietetics team led:

- Enlightening Talks and Panels: Experts explored nutrition's vital link to well-being.
 - Artistic Poster Display: Participants showcased nutritious beauty through captivating posters.
 - Penning Nutritional Wisdom: Scientific literature delved into nutrition's significance.
 - Crafting Healthy Slogans: Catchy messages inspired better nutrition choices.
 - Lights, Camera, Nutrition!: Creative videos highlighted healthy eating.
 - Nutrition Dialogues: Conversations fostered community and commitment to better health.
- Thanks to all who joined. Let's continue nurturing our bodies and lives wisely.



Celebrating International

Women's Day MARCH 8



To celebrate Women's Day, we organized a special session at the Harmony Hub Centre, bringing together our hospital's accomplished women:

- Dr. Kavita Pai (Assistant Director Medical Services), an Endocrinology specialist.
- Dr. Meher Z. Hamdulay, an Anaesthetician.
- Dr. Trupti Gilada, a Physician in Infectious Disease and Adult Medicine.
- Dr. Sonam Solanki, a Pulmonologist.

These remarkable women shared their life and medical journey stories, fostering understanding and support among the attendees. Over snacks, the staff had the chance to interact and ask questions.

It was a meaningful exchange facilitated by CEO Dr. Jokhi, bringing our team closer together on this special occasion, celebrating the strength and achievements of our female colleagues.

We are always proud to have strong and capable women drive the Hospital ethos forward.

NUTRI-FEST 2023: A CELEBRATION AT MASINA



Some moments from Nutri-Fest 2023



The Masina Hospital Dietetics Department celebrated Dietetics Day with a fun Nutri-Fest 2023. Games, fun, snacks were on the menu for our amazing community of doctors and caregivers!

A TRIBUTE TO OUR FOUNDERS.

On Founders Day, we gathered to pay our respects to the Masina family and the amazing vision they had for the Hospital. We serve because they enabled us.



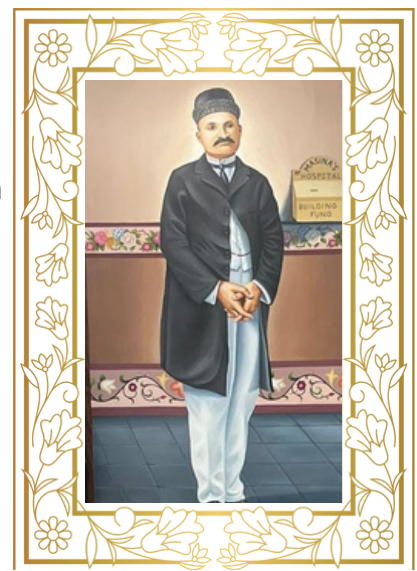
THE HISTORY OF MASINA DR. HORMASJI MANEKJI

Dr. Hormasji Manekji Masina, founder of Masina Hospital Trust was the third Indian to obtain a fellowship of the Royal College of Surgeons in 1898. He dreamed of setting up an institution for the treatment of weaker sections of society.

In 1902 he started a small hospital. At first it had only four patients and was located in a building at Clare Road (now known as Mirza Ghalib Road) in Byculla.

With his expertise, knowledge and kind bedside manner, he rose in popularity.

Within 5 years, two adjacent buildings were taken to accommodate over 100 patients.



A FAREWELL FOR A GENTLEMAN: SAYING GOODBYE TO DR. MEHRA.



Masina Hospital organized a heartfelt retirement party for Dr. Mehra, who served as the Medical Director for seven dedicated years. The event celebrated his significant contributions during challenging times and his impact on the hospital. Dr. Mehra's medical expertise, strategic leadership, and compassion shaped hospital policies, ensuring top-quality patient care and a positive work environment. Trustees, staff, and colleagues honored him, expressing gratitude for his remarkable service. The CEO and Trustees, in particular, extended heartfelt thanks for his exceptional support during difficult moments. Masina Hospital organized a heartfelt retirement party for Dr. Mehra, who served as the Medical Director for seven dedicated years. The event celebrated his significant contributions during challenging times and his impact on the hospital. Dr. Mehra's medical expertise, strategic leadership, and compassion shaped hospital policies, ensuring top-quality patient care and a positive work environment. Trustees, staff, and colleagues honored him, expressing gratitude for his remarkable service. The CEO and Trustees, in particular, extended heartfelt thanks for his exceptional support during difficult moments.

ANNUAL HEALTH CAMP

The Government Labour Department organized its annual health check-up for the Class 4 workers at Masina Hospital. Those attending were treated medically and also treated to fresh spectacles and frames. It was a nice moment to enjoy the camaraderie within all ranks at Masina Hospital.



Masina Minds



MASINA HOSPITAL CME PROGRAMMES



Continuing Medical Education (CME) is the process by which physicians and other health professional engage in activities designed to support their continuing professional development. Activities are derived from multiple instructional domains, are learner centered, and support the ability of those professionals to provide high-quality, comprehensive, and continuous patient care and service to the public and their profession.

At Masina Hospital, we have regular CMEs where highly skilled doctors at the top of their fields update and train our staff and consultants. this ensures that patients receive the most up-to-date medical care at Masina Hospital. Here are some snapshots from our recent CMEs that focused on:

- Clinical Cardiology
- Stroke Awareness
- Gastroenterology
- Therapeutic challenges and practical approach to skin ailments
- Renal Pathology for primary care providers

SHAPING THE FUTURE OF PULMONOLOGY: DR. SONAM SOLANKI'S CONTRIBUTIONS



Dr. Solanki recently participated in BRONCOCON Silver 23 where she shared expertise on the thoracoscopic technique, exemplifying our commitment to medical advancement. Dr. Solanki also moderated a panel on Eosinophilic Lung Diseases at PACS 2023, fostering valuable discussions. Her dedication inspires our team and reflects Masina Hospital's healthcare excellence.



Indian Pediatrics



FEATURING OUR ALUMNI

The American Academy of Pediatrics (AAP) have released their first comprehensive clinical practice guideline that outlines evidence-based evaluation and treatment of children and adolescents with overweight and obesity. This article reviews the same, along with implication in our setting and the need for updating our guideline, which is almost two decades old.

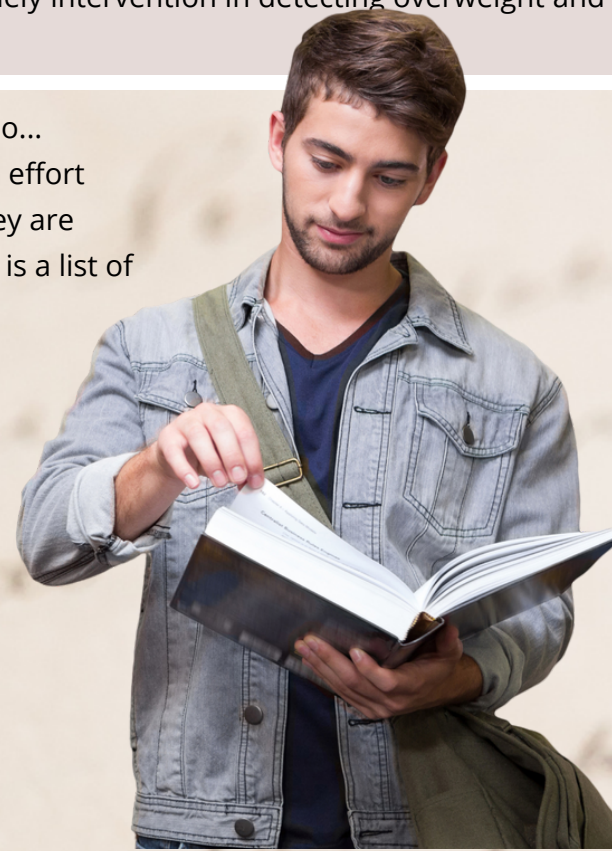
Authored by Dr. Sarika Gaikwad and Dr. Arva Bhavnagarwala, both DNB alumni from Masina Hospital. This article is published in Indian Pediatrics, September 2023 issue, Volume 60. Pages 759-761.

Key Messages include:

- Motivational Interviewing and involving the family plays a major role in management of overweight and obesity.
- Involving schools in educating children and adolescents, along with psychological counseling for triggers of overeating can have a better impact.
- Establishing adolescent health care centers in each district enables timely intervention in detecting overweight and comorbidities, ultimately reducing the disease burden.

There is a reason that our Masina Hospital staff is great at what they do... constant learning. At Masina Hospital we invest considerable time and effort training and updating all levels of staff on the latest in their sector. They are better equipped than most to oversee and care for Mumbaiers. Here is a list of a few of our training programmes that are conducted regularly.

Topic	Department	Faculty
Soft Skill: Communication	Doctors Nurses Paramedical	Archana Shastry
IPSG - Module 01 & 02	Doctors Nurses Paramedical	Harvindar
Medication Error Mgt	Doctors Nurses Paramedical	Richa
Sentinel Event Management	Doctors Nurses Paramedical	Nehal
Soft Skills: Time Management	Nurses	Archana Shastry



A FREE DIABETES CAMP



MASINA
FOR MUMBAI
INITIATIVE

free
health
camps

The Masina Diabetes Camp proved to be a resounding success, offering an array of engaging activities and services for attendees to enjoy: Complimentary diabetes check-ups, comprehensive tests, and expert consultations were provided to all visitors. Exciting games with prizes valued at INR 30,000 added a spirited competitive element to the event. A lively Zumba session was organized, combining health and fun to get everyone moving and grooving. To keep energy levels up, healthy and delicious snacks were available for all attendees to relish. The event was a testament to our commitment to promoting diabetes awareness and overall well-being within our community.



TOUCHING LIVES BEYOND OUR WALLS

Masina Hospital has joined hands with our Consultants from the Sarvasva Health group of specialists to create the A Health Talk series.

The series airs on our [Instagram Live Channel](#) and features a panel of super specialists and a moderator. The talks focus on one topic a month and bring the best medical minds to our larger online audience.

Participation is high, with viewers asking questions and getting exceptional advice. It is a first step in encouraging people to take care of their health.



CLICK HERE 

 FOLLOW US

MEETING SOME VERY SPECIAL NEEDS



A Medical Camp for children with special needs and their caregivers was held recently. This was done in association with Rotary Club of Bombay Pier. Approximately 30 children and their caregivers from NGO, Society for the Education of the Crippled, Agripada, entered the Masina Wellness Centre and were immediately enveloped in the Masina cares spirit. They were checked by ophthalmologists, orthopedics, general physicians and physio and occupational therapists.



A PHYSIOTHERAPY CAMP THAT CELEBRATED THE HUMAN SPIRIT.

Reclaim your movement & Restore your life

Masina Hospital Trust

PHYSIOTHERAPY CAMP

1 - 8 SEPTEMBER
9AM TO 6PM
MASINA HOSPITAL

FREE

Get treated for:

- Low back pain, shoulder pain, knee pain
- Neurological rehabilitation
- Sports injury
- Stroke
- Parkinson's disease
- Neuro injury
- Postoperative rehabilitation
- TKO/TRO
- ACL/PCL repair
- Fracture
- Sports injuries and rehabilitation
- Ergonomics and posture correction for Desk job workers poor posture
- ...and much more!

Take advantage of our advanced electrotherapeutic modalities, equipment and specialist staff.

022-61841223



From September 1st to 8th, we embarked on a special journey to mark World Physiotherapy Day. This week-long event was dedicated to the spirit of healing and learning, offering our community a chance to experience the transformative benefits of physiotherapy.

Our Free Physiotherapy Camp was a testament to our commitment to providing holistic healthcare. During this week, participants had the opportunity to benefit from:

- Free Ergonomics Advice: Discovering the secrets of good posture and ergonomics to prevent discomfort and pain.
- Consultations: One-on-one sessions with our expert physiotherapists to address individual concerns and queries.
- Vital Checkups: Comprehensive health checkups to assess physical well-being.
- Discount Coupons: Special offers and discounts on physiotherapy services to make wellness more accessible.

EMBRACING WELLNESS BEYOND HOSPITAL WALLS



Our Physiotherapy Department took its healing touch beyond hospital walls. In August 2023, we set up a physiotherapy camp for the corporate giant Runwal Industry. The camp was held at a work site and was attended by the crew and workers there. We extended our care to 91 patients, promoting fitness and well-being within the community.

CHEERS TO WOMEN'S HEALTH

Masina Hospital celebrated women's health with a dynamic Women's Health Festival, attracting women of all ages from across Mumbai. In partnership with Oncare and Sarvasva Health, we offered a range of complimentary services including Pap smears, breast examinations, gynecological consultations, endometrial tests, and more. It was a day dedicated to raising awareness about women's health and empowering women throughout the city to prioritize their well-being.



FREE LIVER CARE CAMP

As part of our Masina for Mumbai series of free health camps, we recently held a free liver health and metabolic syndrome camp at Masina Hospital. Hundreds of people registered and received checkups and expert advice on how to live a healthier life. Our participants benefited from the knowledge and experience of doctors from Masina and Novoliver, who provided them with on-the-spot feedback and advised them on further treatment.



MASINA FOR MUMBAI INITIATIVE

free health camps



FREE LIVER HEALTH SCREENING METABOLIC SYNDROME CAMP
28 Jan, 2023, 11am-4pm, Masina Hospital, Byculla

BEGIN HEALING YOUR LIVER AND METABOLIC ISSUES TODAY!

- LIVER HEALTH
- VISCERAL OBESITY
- HYPERTENSION
- INSULIN RESISTANCE
- HIGH TRIGLYCERIDES
- LOW HDL CHOLESTEROL

FREE Blood Sugar Tests
BMI and BMR Checks
Gastroenterology Consultation
Fibroscan
Advice from Specialists

BYCULLA HEALTHY HEART FESTIVAL



**MASINA
FOR MUMBAI
INITIATIVE**
free
health
camps



On World Heart Day, Masina Hospital celebrated the first-ever Byculla Healthy Heart Mela. Our dedicated team of doctors, nurses, staff and volunteers joined hands to offer free heart health check-ups, diet counselling, exercise tips and stress management advice to all attendees. Our doctors were on standby to answer heart-related queries and conduct basic CPR training to equip everyone with life-saving skills.

Calling all Masina hospital doctors, consultants, staff and stake holders...



Masina Hospital Trust
Your Health. Our Mission.
*Mumbai
Heritage Walk*

YOU ARE PART OF A MUMBAI LEGACY

Experience Masina Hospital as part of Mumbai's Urban History on a SPECIAL HERITAGE WALK.

As a member of the Masina Hospital family, you should be proud to serve Mumbai.

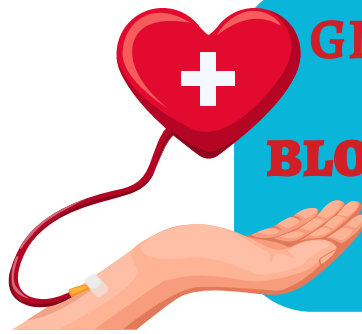
For over a century, Masina Hospital has been part of the changing landscape of Mumbai city.

Heritage Walks of Byculla include our amazing Hospital on their route.

DM us on Instagram to know more.

[CLICK HERE @masinacares](#)

MASINA HOSPITAL AND BLOOD DONATION



GIVE BLOOD, GIVE LIFE
If you want to organize a
BLOOD DONATION DRIVE

at your office / society / NGO
contact us on +91-82865 50688

At Masina Hospital we understand how blood banks saves lives. We are committed to the cause of blood and plasma donation and have been working with corporates and other voluntary donation spaces across Mumbai to collect blood for our blood bank. We dedicate our time, resources and best staff to the Blood Donation Drives. Here are some of the memorable moments over the past few months. A big thank you to our Blood Donors. You are superheroes who are saving lives.

Tulsiwadi Sarvajanic Mandal



Masina Staff give blood.

Your blood is priceless
WHEN YOU DONATE IT
When you donate blood once you save up to three lives with your donation.
The donation also strengthens your body.
Imagine how generous and healthy you will be if you do this every year!
Donate Blood Today!

Masina Hospital Trust WORLD BLOOD DONORS DAY

BLOOD DONATION DRIVE 14 TH JUNE
15 TH JUNE

9 AM TO 5 PM :: MASINA HOSPITAL BLOOD CENTRE



Daewoost India Donation Drive



Shapoorji Pallonji and Company GST Bhavan Drive



Tarun Mitra Mandal



Shapoorji Pallonji and Company Sarova Project Drive



A HEARTFELT BLOOD DONATION DRIVE IN COLLABORATION WITH SHAPOORJI PALLONJI AT VIRAR!

Recently, we had the privilege of joining hands with Shapoorji Pallonji for a remarkable ****Blood Donation Drive**** that filled our hearts with pride!

Shapoorji Pallonji, a name synonymous with excellence in construction and engineering, organized this noble initiative for their site workers and staff at Virar. Together, we embarked on a journey to make a meaningful impact on lives.

We extend our heartfelt thanks to Shapoorji Pallonji and all the participants for their invaluable contribution to this noble cause. Together, we are making a difference, one drop at a time.



REGULAR BLOOD DONATION DRIVES FOR THE TARUN MITRA MANDAL



JEENA & COMPANY CORPORATE BLOOD DONATION CAMP



Masina Hospital has been conducting blood donation drives for corporates, societies and NGOs to help those in need receive effective treatment. At a recent event, Jeena & Company collaborated with Masina Hospital's blood bank to conduct a blood donation drive at their Andheri office.

The event was a huge success. A big shout out to Mr. Charudatta Vaidya, Dr. Rashna and Masina Hospital's blood bank team for making this initiative possible. Donating blood not only helps someone in need but also benefits the donor's body. Participating in such events can be a great way to give back to society.